



# October 2018 Lunch Menu

@ Jeremy Ranch Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Oven Roasted BBQ Chicken Thigh w/ Kodiak Cakes Corn Bread</b>  <b>Homemade Potato Salad</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>2</b> <b>House Made Hawaiian Stir-Fry w/ Fresh Vegetables &amp; Chicken</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>3</b> <b>BBQ Pulled Pork Sandwich</b>  <b>Herb Roasted Red Potatoes</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>4</b> <b>Homemade Beef, Bean, Rice &amp; Cheese Burrito</b>  <b>Freshly Prepared Street Corn Salad</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>5</b> <b>Golden Chicken Tenders w/ Baked &amp; Seasoned Curly Fries</b>  <b>Fresh Steamed Broccoli &amp; Cauliflower w/ Homemade Cheese Sauce</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>
<b>8</b> <b>100% All Beef Hamburger w/ Curly Fries</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>9</b> <b>Mandarin Chicken w/ Rice</b>  <b>Sesame Carrots &amp; Peas</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>10</b> <b>Fresh Roasted Flatbread (Pepperoni or Cheese)</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>11</b> <b>Hard Shell Taco w/ Cheese</b>  <b>Roasted Cauliflower</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>12</b> <b>Homemade Cheesy Chicken Pasta w/ Basil</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>
<b>15</b> <b>Pepperoni or Cheese Pizza</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>16</b> <b>Sesame Noodles w/ Fresh Vegetables &amp; Chicken</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>17</b> <b>Cheese Ravioli w/ Homemade Tomato Cream Sauce &amp; Dinner Roll</b>  <b>Steamed Green Beans</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>18</b> <b>House Made Pinto Bean &amp; Beef Nachos</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>19</b> <b>Chicken &amp; Fresh Red Mashed Potato Bowl w/ Homemade Cheese Sauce</b>  <b>Steamed Corn</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>
<b>22</b> <b>Southwestern Loaded Totchos w/ Seasoned Beef &amp; Roasted Red Potatoes</b>  <b>Dinner Roll</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>23</b> <b>Teriyaki Chicken w/ Fresh Vegetables &amp; Rice</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>24</b> <b>Homemade Philly Cheese Steak Sub</b>  <b>Tater Tots</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>25</b> <b>BBQ Shred Pork Tacos w/ Fresh Cabbage Slaw</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>	<b>26</b> <b>Chicken Parmesan w/ Buttered Noodles</b>  <b>Lemon Pepper Broccoli</b>  <b>Cold Entrée Selection</b>  <b>Salad Bar</b>

Rotating Cold Entrée Selections \*

1. **Homemade Hummus, Pita & Veggie Chips**
2. **Sun Butter & Jelly Sandwich**
3. **Turkey Cheddar Sandwich**
4. **Hero Sub Sandwich (Ham, Turkey & Cheddar)**
5. **Homemade Egg Salad Sandwich**
6. **Homemade Tuna Salad Sandwich**
7. **Kodiak Muffin, Cheese & Greek Yogurt**

\* Menu will contain three offerings daily



\*Indicates New Menu Item

\*\*Menu is Subject to Change  
This institution is an equal opportunity provider

Daily Salad Bar Offerings

1. Romaine or Baby Spinach
2. Cherry Tomatoes
3. Broccoli Florets
4. Baby Carrots
5. Celery Sticks
6. Sliced Cucumbers
7. Garbanzo or Black Beans (Offered Weekly)
8. Rotating Seasonal Vegetables
9. Rotating Whole & Sliced Fruits