

School Lunch Needs You!

Dear Parents,

Throughout the 2018-2019 school year, Park City School District will be making improvements to the menu offerings at our elementary schools, starting with Jeremy Ranch Elementary. In order to maintain these improvements and make further beneficial changes, we need your help!

The Child Nutrition Program receives no funding from the school district, which means we are required to generate all of the funds necessary to maintain our program. We accomplish this through student participation in the school lunch and breakfast programs. Over the past few years, our participation has decreased, making it difficult to continue to provide nutritious meals.

You take your child's health seriously and so do we! During the next few months we will be increasing our offerings of fruits and vegetables at breakfast and lunch, as well as adding a number of scratch cooked items. Every day we will serve 2 to 3 fruit and 5 to 6 vegetable choices at lunch. This will include fresh selections of whole fruits and vegetables as well as offerings that are sliced and/or cooked fresh daily.

These changes are expensive, but sustainable over time if we can increase participation in our breakfast and lunch programs. Also, please consider the following benefits of school lunch and breakfast when deciding whether or not to pack meals for your children.

- Wide variety of freshly prepared hot meals
- Nutritionally balanced meals
- Improved attendance and test scores through healthier diet
- Supporting positive change within your community
- Additional time spent with family

Our goal is to make Park City School District a leader in the field of school nutrition. We want to make great changes, but it cannot happen without your support. Take a look at the attached menu and decide for yourself if school lunch is the right choice for your family. If you are not convinced, stop in at Jeremy Ranch Elementary starting October 1 to see what we have done to improve our services. Please send your comments to childnutrition@pcschoools.us and let us know how we are doing. We look forward to hearing from you!

Sincerely,

Russell Owen

Director of Child Nutrition



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